

# Mission Statement

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The Sydney Corporate Cup is a unique running event held in the Royal Botanical Gardens. The Sydney Corporate Cup in its current form has been held in Sydney since 1988 and aims to promote the Royal Botanical Gardens as a location where Sydney's corporate community can come together and participate in a competitive, yet friendly sporting event.

The rules set out below have been developed after consultation with the Royal Botanical Gardens & Domain Trust. The benefit of these rules is that Corporate Cup runners now treat the Domain and the Royal Botanical Gardens with respect and ownership thus presenting an example to all runners who use the area. By participating in the Sydney Corporate Cup each runner agrees to assist in the administration and support of the organisation of the Sydney Corporate Cup.

Each runner when signing the Runner Registration Form acknowledges the following rules.

## General rules

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### 1 Sydney Corporate Cup Inc

#### 1.1 Introduction

The Sydney Corporate Cup Inc is a non-profit association incorporated by registration as provided by *Associations Incorporation Act* (NSW) 1984. The Sydney Corporate Cup Inc is comprised of a committee (**the "Committee"**) and is governed by the rules and regulations of the association.

#### 1.2 The Committee

The Committee is elected at the Annual General Meeting held in conjunction with the Captain's Meeting at the beginning of the second Series for each calendar year.

The Committee structure is:

Position	Tasks
<b>President</b>	<ul style="list-style-type: none"><li>• Liaises with Royal Botanical Gardens, third parties and sponsors</li><li>• Chairs meetings<ul style="list-style-type: none"><li>- Beginning of Series</li><li>- End of Series</li><li>- Annual General Meeting</li></ul></li><li>• Hosts presentation day</li><li>• Hosts other functions eg dinners</li></ul>

<b>Position</b>	<b>Tasks</b>
<b>Vice President</b>	<ul style="list-style-type: none"> <li>• Assists President in their role</li> <li>• Assists Secretary with presentation day preparation</li> </ul>
<b>Secretary</b>	<ul style="list-style-type: none"> <li>• Records and distributes minutes from meetings</li> <li>• Maintains attendance sheets of meetings</li> <li>• Compiles the duty roster</li> <li>• Co-ordinates the presentation day</li> <li>• Books meeting venue.</li> <li>• Maintains and updates job specifications of committee members. This includes third party contacts used by the association.</li> </ul>
<b>Treasurer</b>	<ul style="list-style-type: none"> <li>• Banks all revenue and makes all payments</li> <li>• Prepares financials statements and reports for association meetings and appropriate government authorities</li> <li>• Liaises with insurance agent for public liability insurance</li> </ul>
<b>Handicapper</b>	<ul style="list-style-type: none"> <li>• Assists Registrar in following up those teams who have not submitted their Registration Forms.</li> <li>• Prepares the score sheets and liaises with Series Coordinator and duty teams</li> <li>• Ratifies, collates, calculates and distributes results</li> <li>• Writes covering newsletter for results</li> <li>• Collects score sheets on run day and ensures that the shed is locked.</li> </ul>
<b>Registrar</b>	<ul style="list-style-type: none"> <li>• Issues and collects Team and new Runner Registration Forms</li> <li>• Forwards Registration Forms to Handicapper for preparation of upcoming series</li> <li>• Maintains a waiting list of potential teams and runners</li> <li>• Forwards cheques to Treasurer for banking</li> </ul>
<b>Series Coordinator</b>	<ul style="list-style-type: none"> <li>• Arranges the equipment set up on presentation day and on run day with the first duty team.</li> <li>• Ensures that clocks are in working order and that there is a spare set of batteries available.</li> <li>• Ensures that there are sufficient cups for the next run.</li> <li>• Has a spare copy of the score sheets available on run day.</li> </ul>
<b>Communications Officer</b>	<ul style="list-style-type: none"> <li>• Maintain the website</li> <li>• Publish results on website</li> <li>• Reply to enquiries from the email address</li> </ul>
<b>General Committee (Team Captains)</b>	<ul style="list-style-type: none"> <li>• Attends Team Captain and Annual General Meetings</li> <li>• Votes at meetings</li> <li>• Takes on tasks allocated by the committee.</li> <li>• Communicates the rules, results and other relevant information to their teams.</li> <li>• Assists in up holding the Rules of Participation of the Corporate Cup.</li> <li>• Assists with presentation day</li> </ul>

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## **2 Structure of the Sydney Corporate Cup**

### **2.1 Series**

- (a) Each year there are three Sydney Corporate Cup events. Each event runs for a period of approximately 14 weeks (“**Series**”). There are 6 competition runs per Series.
- (b) Each competition is held in the Royal Botanical Gardens and is a 5.9 km run.
- (c) There is a maximum of 40 teams per Series.

### **2.2 Teams**

- (a) Each team must have at least 10 runners. There is a maximum of 15 runners per team.
- (b) Each team must appoint a team captain.
- (c) Registered runners who have not completed any run in a Series may be replaced at any time prior to run 4 of the Series.
- (d) Where a team has less than 15 registered runners prior to the first run of a Series, additional team members (to a maximum of 15) may be registered after the first run.

### **2.3 Runner Registration Form**

- (a) A fully executed Runner Registration Form must be received prior to a new runners first run.
- (b) Runner Registration Forms do not have to be resubmitted for a runner who has previously submitted a Runner Registration Form in a prior series.

### **2.4 Team Registration Form**

The Registrar must receive team Registration Forms on the Friday prior to the Team Captains Meeting preceding a new Series.

### **2.5 Team Captain Obligations**

Team Captains are responsible for;

- (a) Submitting a completed Team Registration Form to the Registrar,
- (b) Submitting of a fully executed Runner Registration Form for each new member of the team to the Registrar,

- (c) Paying the Registration Fee to the Treasurer. The Registration Fee should be banked by the Team Captain directly to the bank account specified in the Team Registration Form,
- (d) Issuing registration bibs to their team members,
- (e) Attending the Annual General Meeting, Team Captains meeting and any other meeting requested by the Committee. A delegate may be nominated to attend meetings on behalf of the Team Captain, and
- (f) Ensuring adherence by team members to the General Rules

## **2.6 Failure to pay Registration Fee or submit a fully executed Runner Registration Form**

- (a) If a Series Registration Fee is not banked in to the nominated bank account and notification (or fee) received by the Treasurer prior to the commencement of run 2 in a series the team will be ineligible to receive any points for each run that the Registration Fee has not been paid.
- (b) If fully executed Runner Registration Form is not received by the Registrar prior to a runner commencing their first run of the Corporate Cup, the individual runner cannot participate in the Sydney Corporate Cup and is ineligible to receive any points for each run that the Runners Registration Form has not been received by the Registrar.

## **2.7 Minimum Team Representation**

- (a) A team who does not make 45 runs for a Series (i.e. 9 runners competing 5 times each, or any equivalent combination) will be automatically disqualified from the following Series. The next team on the waiting list will be given first right of entry into the following Series. If no teams are on the waiting list and the Team Captain shows good cause for re-instatement then the team, at the Committees discretion, can be re-instated for the following Series.
- (b) A team who does not make 50 runs per Series (i.e. 10 runners competing 5 times each, or any equivalent combination) in two consecutive Series will be automatically disqualified from the following Series The next team on the waiting list will be given first right of entry into the following Series. If no teams are on the waiting list and the Team Captain shows good cause for re-instatement then the team, at the Committee's discretion, can be re-instated for the following Series.

## **2.8 Withdrawal of Team**

- (a) An existing team can only leave the competition at the end of a Series either by voluntarily withdrawing or by failing to undertake the requisite minimum runs in accordance with rule 2.6.
- (b) If a team withdraws from the competition it will be added to the end of the waiting list until a position comes available.

## **2.9 New Teams**

- (a) If more than 40 teams express interest in competing in a Series a waiting list will be created.
- (b) A team will be invited to join the Sydney Corporate Cup if an existing team withdraws from a Series or fails to make the minimum requirement of runs as per rule 2.6.

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# **3 Classification of Runners**

## **3.1 New Runner**

Runners who have completed less than 11 runs are classified as New Runners.

## **3.2 Old Runner**

Runners are classified as Old Runners at the beginning of their eleventh run.

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# **4 Scoring**

## **4.1 Points**

- (a) A runner scores 1 point for finishing.
- (b) For each 5 seconds a runner's time is less than the runner's handicap, the runner scores 1 point.
- (c) Apart from 1 point each runner receives for finishing, the 9 best scores of individual runners for each team are taken into account for each run in determining the score of the team.

## **4.2 New Runner**

In each run, New Runners can score a maximum of 12 points plus 1 point for finishing.

### **4.3 Old Runner**

In each run, Old Runners can score a maximum of 24 points plus 1 point for finishing.

### **4.4 Reclassification of Runner**

If a New Runner is re-classified to an Old Runner during a Series, the runner will be eligible to score more than 13 points (to a maximum of 25 points) in each subsequent run in the Series.

### **4.5 Total Points**

The total points scored at the completion of a Series by each team or runner are used to decide the winners of various categories of runners and teams.

### **4.6 Age Classification**

For age category groupings, age is taken on the day of the first run of a Series.

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## **5 Handicapping**

### **5.1 Timing and Initial Handicap**

- (a) Runner's times are recorded to the nearest 5 seconds.
- (b) The first time recorded by a runner becomes the runner's handicap.

### **5.2 Maximum Handicap Time**

The maximum handicap time permitted is 46 minutes.

### **5.3 New Runners Handicap**

During the initial Series in which the New Runner competes, if a New Runners handicap is bettered by more than 30 seconds, a new handicap for the following run is calculated by adding 30 seconds to the current time. Subject to rule 5.6, at the end of the Series, a new handicap for the next Series is calculated by adding 30 seconds to the fastest time in the Series.

### **5.4 Old Runners Handicap**

During a Series if an Old Runner's handicap is bettered by more than 90 seconds, a new handicap for the following run is calculated by adding 90 seconds to the current time. Subject to rule 5.6, at the end of the Series, a new handicap for the next Series is calculated by adding 90 seconds to the fastest time in the Series.

## **5.5 Reclassification of Runner.**

- (a) Subject to rule 5.6(a), if a New Runner is re-classified to an Old Runner during a Series, the runner's handicap will not increase after a Series has commenced.
- (b) A New Runner who betters his/her handicap by over 90 seconds in the 10th run will have his/her handicap adjusted by 90 seconds rather than 30 seconds for the 11th run.

## **5.6 Amendments to Handicap Times**

- (a) At the end of each Series:
  - (i) For runners scoring a maximum of 150 points for a Series, a 2 minute reduction will apply to a runner's handicap in the next Series in addition to the normal calculation of a revised handicap time.
  - (ii) For runners scoring between 145 and 149 points for a Series, a 1 minute 30 second reduction will apply to a runner's handicap for the next Series in addition to the normal calculation of a revised handicap time.
  - (iii) For runners scoring between 140 and 144 points for a Series, a 1-minute reduction will apply to a runner's handicap for the next Series in addition to the normal calculation of a revised handicap time.
  - (iv) For runners scoring between 135 and 139 points for a Series a 30 second reduction will apply to a runner's handicap for the next Series in addition to the normal calculation of a revised handicap time.
- (b) A runner's handicap will be based on their fastest time in their most recent Series.
- (c) Prior to the commencement of a new Series, no runner is to have their handicap increased by more than 1 minute from the handicap in the previous Series. If a runner did not compete in the Series prior to the previous Series, their handicap will be based on their fastest time in their most recent Series.

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## **6 Start and Finish Rules**

### **6.1 Start**

- (a) When arriving at the start the runner has their name marked off from the score sheets located near the Domain change rooms and selects a starting time.
- (b) Runners start at 1 minute intervals between 12 noon and 1.00pm.
- (c) The runner then lines up at the starting point and starts the run when signalled by the starter.
- (d) Runners can start before the time keeping commences at 12 noon. However, they must finish between 12 noon and 1.30pm.

### **6.2 Finish**

- (a) All runners must finish in less than 46 minutes to score points and must also finish by 1.30pm.
- (b) As the runner crosses the finish line the starter will advise the finishing time which the runner must then round to the nearest 5 seconds.
- (c) It is the responsibility of the runner to have their finishing time recorded by the recorder on the score sheets located near the Domain change rooms.
- (d) The recorder will then calculate the net time. It is the responsibility of the runner to ensure that the recording and calculation by the recorder is correct.

### **6.3 Recording late results**

If a runner reports in after 1.30pm and the recorders have put away all the equipment, the result for that runner will not be recorded. Results phoned or emailed through to the handicapper will not be accepted.

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## **7 Runners' Obligations**

### **7.1 Registration Bib**

- (a) Runners must at all times wear a registration bib or a running top that displays the team number. The bib must be attached in a manner that allows the number to be easily viewed. In addition to the 25 point penalty prescribed in rule 7.3(a), failure to wear a bib or a running top that displays the team number will also result in a

further 1 point being deducted from the Team Representation Category.

- (b) The recorders will not record a time for runner not wearing a registration bib or a running top that displays the team number.
- (c) The team number on a race top must be at least 37mm in height.

## **7.2 On the Course**

- (a) Runners must not run on the road at any time.
- (b) Runners must at all times avoid running on the grass or garden beds and must stay on the designated paths.
- (c) Runners must keep left wherever possible. There are 2 exceptions
  - (i) In the start and finish straight (Central Avenue).
  - (ii) On the bridge on Art Gallery Road near the restaurant.
- (d) Runners must at all times stay on the map course.
- (e) Runners must at all times be courteous to other park users and keep clear of them when running. Any formal complaint against the behaviour of a runner may result in a penalty under rule 7.3.
- (f) Runners must at all times be courteous to fellow Corporate Cup runners and the Duty Team. Any formal complaint against the behaviour of a runner may result in a penalty under rule 7.3.
- (g) Special care must be exercised on the return leg near the Electrical Sub Station. The path narrows near a lamp post. Do not run on the road if there is any congestion on the path in this area.

## **7.3 Penalties**

- (a) If any runner breaches these Rules of Participation the team will automatically lose 25 points.
- (b) In addition to the penalty prescribed at rule 7.3(a), if any runner breaches these Rules of Participation the Committee, at its discretion, may disqualify a runner or disqualify a team.

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## **8 Miscellaneous**

### **8.1 Results Meeting**

On the completion of each Series, the Committee will meet to review the Series including the following:

- (a) The handicaps of competitors;
- (b) The draft results
- (c) The failure of any team to meet the minimum number of runs per rule 2.6

### **8.2 Other Meetings**

The Committee will hold the following meetings as required:

- (a) Beginning of Series meeting;
- (b) End of Series meeting; and
- (c) Annual General Meeting.

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## **Course**

The course starts and finishes in Central Avenue near the Domain change rooms between Art Gallery Road and Hospital Road.

Start on the path (Central Avenue) that leads to the restaurant at the opposite end of the Domain. Turn right towards the restaurant then left across the Cahill Expressway bridge in Art Gallery Road. Take care to avoid pedestrians and garden beds in this area.

Art Gallery Road joins Mrs Macquaries Road at the fork in the road. The path proceeds down Mrs Macquaries Road and then turns left towards Farm Cove (1 km). Follow the path down the slope, and then turn right towards Mrs Macquarie's Point. Proceed around the Point. Follow the path along the flat and up a small rise. Take the lower path past the Boy Charlton Pool (2 km).

Continue on the lower path on the left side of Mrs Macquaries Road until you reach the steps that join the path alongside Mrs Macquaries Road. Turn left along the path past the Electrical Sub Station. Turn left again down the long set of steps. Take care when running down the steps, particularly if conditions are wet. Keep left going down the steps unless overtaking.

Turn right at the bottom of the steps, run along Lincoln Crescent, and then turn right up the set of steps beside the Cahill Expressway.

Two thirds of the way up these steps turn right and join the path that leads back to Mrs Macquaries Road. The path continues above the Electrical Sub Station (the 3 km point is 50 m past the Sub Station). At the top of the Boy Charlton Pool take the path down to the foreshore to Mrs Macquarie's Point (the 4 km mark is at the bottom of the small hill past Mrs Macquarie's Chair). Continue back along this path beside the Botanic Gardens fence (the 5 km point is just before the bridge across the Cahill Expressway).

Cross the bridge in Art Gallery Road and turn right before the restaurant. Follow the path that leads to Hospital Road. There is a fork in the Domain; keep left. Just before joining Hospital Road, turn left across the grass just past the tree on your left. Run parallel to Hospital Road, keeping the tree on your left. Turn left down the next path, and turn left again at the first path intersection to run back towards the restaurant and away from the finish. At the end of this path, turn hard right to run back along the path (Central Avenue) that leads to the finish (5.9 km).